

baptisthealth foundation

Stewardship

Supporting the ministries of Citizens, Princeton, Shelby and Walker Baptist Medical Centers

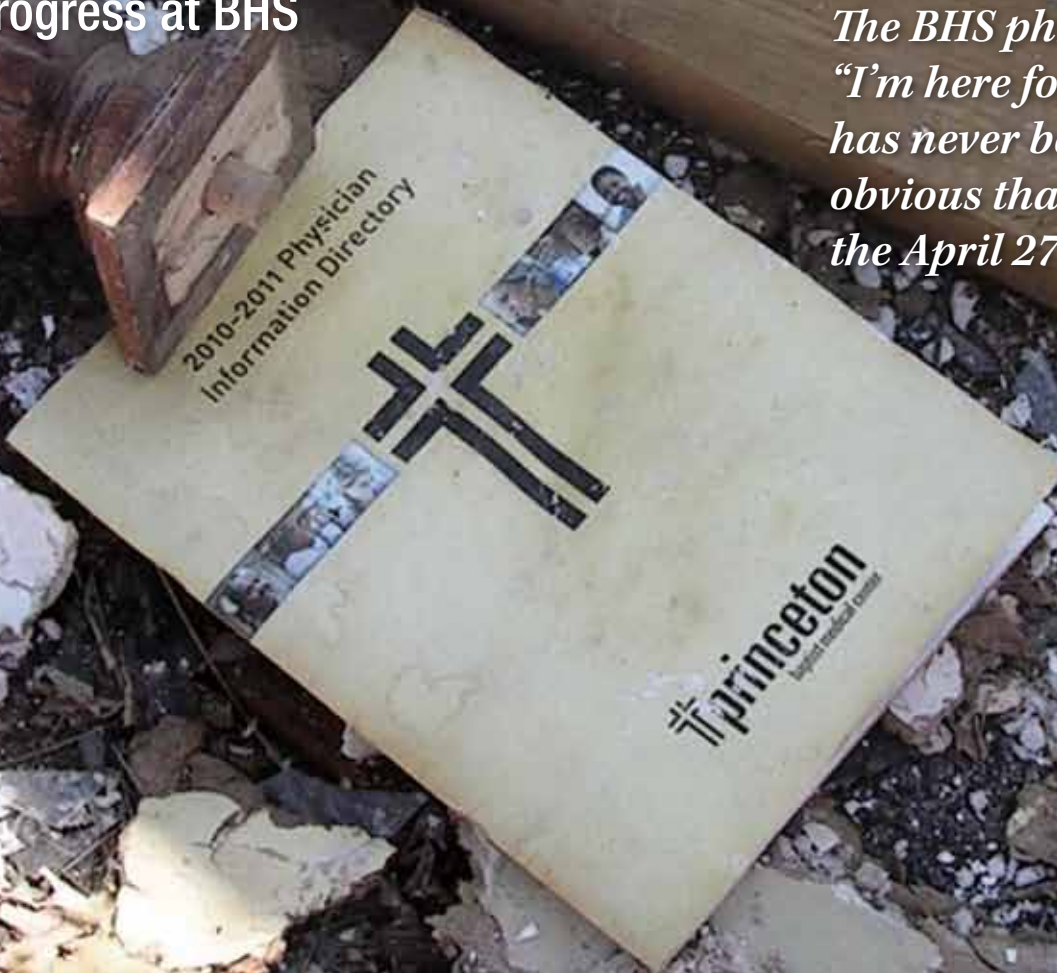
SUMMER 2011

Alabama
Charity Clays
Event Targets
Breast Cancer

Shane Spees:
Progress at BHS

the stories behind the storm

*The BHS phrase
"I'm here for you"
has never been more
obvious than during
the April 27th storms.*



Baptist Health Foundation Stewardship

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a letter from Gene Davenport & Mark Belcher

Many of the communities we serve are still recovering from the devastating tornadoes that tore through Alabama in April. The loss of lives and homes—the suffering that continues to be felt by so many remains with us.

During this painful time, there is a positive note as we see the compassion of one person for another. Perhaps at no other time has the Baptist Health System family more clearly demonstrated their commitment to answering the call than during this event that ravaged so many lives. In our cover story, we'll share stories of our Baptist Health System heroes—of those who went “above and beyond.” And in reading the words of thanks from those who were helped, you'll be proud to be a supporter of the organization that helped make it possible.

Also in this issue, Baptist Health System President and Chief Executive Officer Shane Spees shares a “State of the System” with readers. Of course, recent disaster-related events emphasize the importance of insuring that we are prepared to help others and the critical role of philanthropy in that effort. Shane also shares the good news of recent innovations and advancements across Baptist Health System that your support helped make possible.

We'll take a closer look at new projects underway at the hospitals – like the innovative EPIC system, which will reconfigure the traditional medical record for the digital age. The Foundation's support of such medical innovations would not be possible without your help.

Along with a profile on Princeton's Chief Nursing Officer Regina Yarbrough, who has been named to the Alabama Nursing Hall of Fame, we'll also share news of Baptist Health System's ICARE award winners for 2011. We think you will find their stories inspiring.

While we begin with stories of loss, we close on an optimistic note. Optimistic because through the efforts of our Baptist Health System family – and that includes you, the supporters of the Foundation, we're helping people in need. And that's something we can all look to with pride.

Sincerely,

Gene Davenport
Chairman, Board of Directors
Baptist Health Foundation

Mark D. Belcher
President & Chief Development Officer
Baptist Health Foundation



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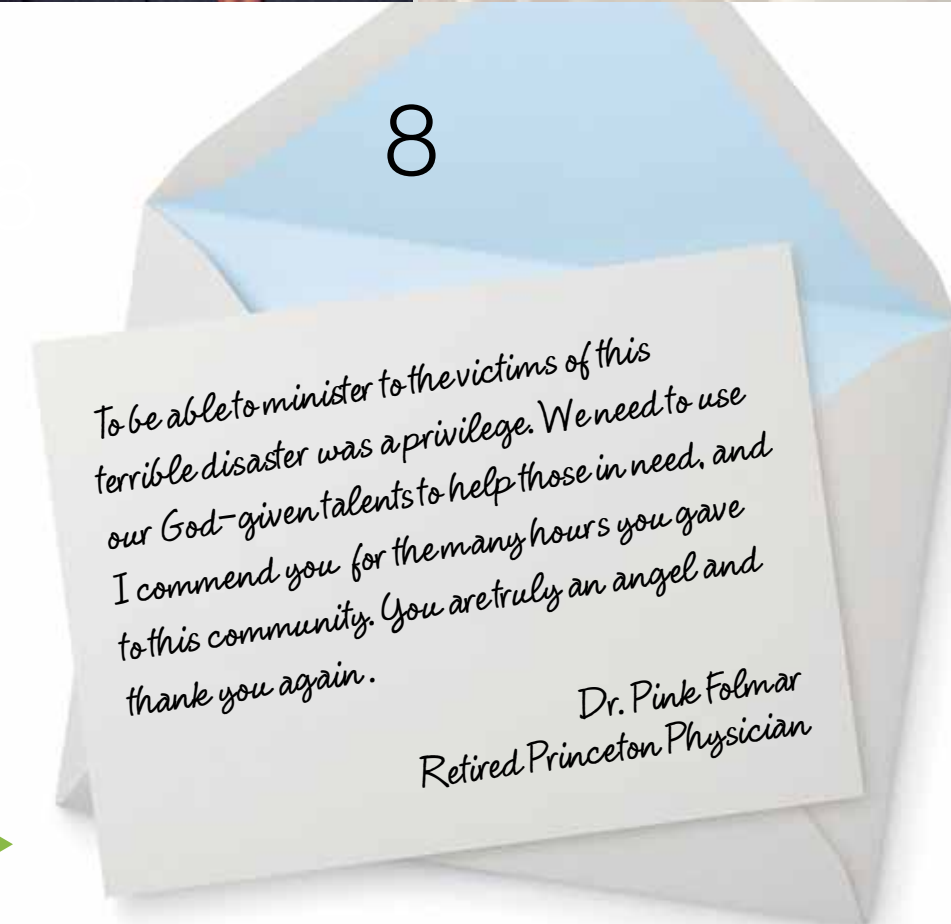
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Play Like a Champion

on the cover: Princeton Baptist physician liaison Juanita Williams took this photo of a Princeton Physician Directory found intact amid the rubble that was once a home in Concord, Alabama, before the April 27th tornadoes.



To be able to minister to the victims of this terrible disaster was a privilege. We need to use our God-given talents to help those in need, and I commend you for the many hours you gave to this community. You are truly an angel and thank you again.

Dr. Pink Folmar
Retired Princeton Physician

Citizens provides convenient health care access

workplace wellness

BY CARY ESTES



BUSINESSES IN THE TALLADEGA AREA know that Citizens Baptist Medical Center is nearby when needed. In fact, through the Workplace Wellness program, Citizens is more than just nearby. It actually has a physical presence at the business itself.

Workplace Wellness is a program offered throughout Baptist Health System that enables companies to make an investment in their employees' good health. So for those workers who always seem to find a reason to not go to the doctor, the doctor instead comes to them through a series of health screenings and seminars held at their workplace.

"This program allows us to partner directly with businesses in the community," Citizens Baptist Administrator Joel Taylor said. "We are a community hospital, and we're here to support them as businesses, as employees and as patients. This allows us an opportunity to make access to health care convenient and easy for both the employees and the employer."

Workforce Wellness provides a variety of ways for employees to receive important information about their health, from general screenings of basic concerns such as high blood pressure to lunchtime lectures by Citizens Baptist physicians that focus on a specific health care topic.

"Having that easy accessibility with Baptist Health System and Citizens

Baptist has helped us a lot," said Debra Chain, an employee representative at Elbit Systems of America in Talladega. "We have several employees who didn't really have a primary care physician, but learned they had a health problem through the Workplace Wellness program. This triggered them to find a doctor quickly and learn what they needed to do to improve their health themselves."

"One of our employees had high blood pressure, but he didn't know it. When he found out about this problem through a Workplace Wellness screening held here at Elbit, it really got his attention. He then went to a primary care physician for help in reducing his blood pressure. It was all based on finding that he had a problem at one of these health screenings conducted by Citizen Baptist. We've received a lot of valuable information that's been very helpful."

It is a similar situation at New South Express in Talladega, which was one of the first companies to sign up for the Workplace Wellness program with Citizens Baptist. On-site health lectures are offered throughout the year, flu shots are made available to New South employ-

ees, and Citizens provides non-critical workman's compensation care.

Since the program began, approximately 120 New South employees have gone on to establish a patient relationship with Citizens Baptist and its physicians. A single Health Benefits Fair at New South resulted in 19 mammograms being scheduled at Citizens' Imaging Center.

Taylor said the program can be altered to fit almost any company's needs—from a one-time visit to a long-term relationship that includes confidential, personalized reports mailed to employees after an annual health screening at their workplace, showing any trends or changes in their health.

"This is a program that really helps everybody," Taylor said. "It helps employers through preventive care for their employees done at a very limited cost, but which reaps a great return in maintaining a healthy workforce and cutting down absenteeism. It helps employees identify any health issues that might have otherwise gone undetected until reaching a more critical, hard to treat stage. And it benefits our hospital by allowing us another opportunity to build relationships directly with the community and people we are here to serve. It's good for all of us."

combining excellence & compassion

Princeton CNO Named to Hall of Fame

BY SUSAN P. MOORE

FOR SEVERAL YEARS, REGINA YARBROUGH HAS STOOD before a senior class of Samford University nursing students to speak on nursing and professionalism. Her insight is gained from a 40-year career that began as a staff nurse and led to her current role as chief nursing officer at Princeton Baptist Medical Center.

It's a career that has brought honor and fame to her profession—one that will soon be recognized with her induction into the Alabama Nursing Hall of Fame.

At every level, she has demonstrated a dedication to enhancing her chosen profession. As unit director of a 56-bed medical/surgical unit and intensive care unit, she initiated a cross-training program of the nursing staff with the intensive care unit. Another effort developed a nursing education program that was implemented at hospitals across the state. She also implemented plans for an intensive care step-down unit and a self-scheduling system for nursing staff.

"It's that passion to provide not just

good patient care, but *excellent* patient care that has made Regina Yarbrough a leader," said Princeton President Keith Parrot. "Regina stimulates and challenges her staff to never be satisfied with the status quo, and she constantly evaluates processes that enhance quality patient care. Her compassion and caring attitude make her a role model for the nurses in our hospital, plus she is widely respected by our medical staff and executive leadership."

Vascular surgeon Dr. Michael Drummond agreed. "There is a distinct spirit of ministry at Princeton Baptist that gives it a unique sense of caring. Regina promotes this atmosphere at all times and readily exercises her faith through her actions at work...each time she and

I discuss opportunities for improvement in care, she is found to be immediately engaging. She always gets to the root of the issue and encourages others to work as a team in order to come up with a solution that will benefit those involved and, most especially, our patients."

That dedication to patient care and professional standards of excellence are hallmarks of Regina's career. As the hospital's Chief Nursing Officer (CNO), she is responsible for more than 800 nurses in 46 clinical departments. Within the scope of such administrative issues, she manages to still remain in touch with concerns that are close to the patient's bedside. One quite literal example is a state-of-the-art electronic hand-washing monitoring system installed at Princeton, which led to a more than 21% reduction in hospital-acquired infections.

Her leadership and commitment have had a major impact on patient care at Princeton Baptist, earning it a place in the nation's top 10% for patient satisfaction. Under her leadership, Princeton became the region's first certified chest pain center, began a bariatric center of excellence, was twice voted one of Birmingham's best places to work, and received five "Get With the Guidelines" awards for excellence in cardiac care from the American Heart Association 2008 to 2010.

"Her leadership has inspired our nurses," said Ann McEntire, Princeton's director of medical, cardiovascular and emergency department nursing, as well as Regina's colleague of 33 years.

(continued on page 21)

Princeton CNO Regina Yarbrough (center) remains in touch with patients and her staff of more than 800 nurses.



growth in shelby county

Shelby Baptist & BHC focus on Chelsea community

BY JENNIFER JACKSON

IN NORTH CENTRAL SHELBY COUNTY the city of Chelsea is seeing a shift—Chelsea has evolved from simply a suburb of Birmingham into a thriving, self-sufficient community. And as the community prospers, businesses and professionals are looking to sustain this positive growth. Located in the heart of Chelsea on Highway 280, the new Baptist Health Center Chelsea will do just that.

Focused on the city's residents, BHC Chelsea – along with Shelby Baptist Medical Center—is striving to help Chelsea become an even better community by providing quality primary medical care and specialist referrals within the community.

Baptist's goal is to establish clinics throughout the service areas of its hospitals to provide quality, convenient health care services for the people of those communities.

According to Chris Price, Shelby Baptist administrative director, "when considering Chelsea, it was, without a doubt, an area that had a need. As a

resident of this area, I've seen aggressive growth over the last few years, but I also see good future growth. We have a nice mix of residential and commercial development while maintaining a family-focused, neighborhood atmosphere. But, Chelsea lacked one thing: a central, reliable, trustworthy spot for primary health care needs."

Earl Niven, Mayor of Chelsea, touts, "In Chelsea, it's all about family." Chelsea was recently ranked as the number one city in Alabama for families. With the addition of BHC Chelsea, the residents can further focus on family by being

able to address health care needs close to home.

Dr. Randy Lamberson is heading up BHC Chelsea with his family medicine practice. While the decision to relocate his practice of 15 years was a difficult one, as a resident of Chelsea he understood the need and realized what an impact he could make in his hometown.

"Chelsea has really grown, the area is really developing. Because of this growth, there's quite a bit of need and I know this clinic will be a great thing for Chelsea. I'm blessed to get to do what I love everyday. I have patients from two weeks old to 103. My practice is about getting to know a family – not just medically, but socially and within the community. Taking care of families and multiple generations is a thrill."

Along with Dr. Lamberson's family practice, BHC Chelsea is working to establish a specialist clinic for referrals outside the scope of general, family practice. This clinic will offer more in-depth medical care and diagnostic capabilities in areas such as cardiology,

ENT and orthopedics. "This rounds out our offering to the community," says Price. "What's key is that patients will no longer have to commute to a hospital campus for specialist referrals."

Shelby Baptist and BHC have made a strong commitment to the people of Shelby County with more than \$120 million in improvements to Shelby Baptist in the last five years. Now, the community of Chelsea will have the opportunity to experience this same level of commitment with a medical clinic designed specifically to serve the people who make Chelsea a great place to live.



left: Community members joined Shelby Baptist, BHS and BHC representatives in cutting the ribbon on the new BHC Chelsea. Pictured (left to right) doing the honors are: Doug Snider, Snider Pharmacy; Earl Nivens, Mayor of Chelsea; Chris Price, Shelby BMC; Justin Barnett, Director of Operations, BHC; Payson Daugherty, Chelsea Urgent Care; Vicki Minor, BHC Office Manager; David Wilson, Shelby Baptist; Wayne Shirley, Chelsea Fire Chief; Donna Smelcer, Shelby BMC; and Ben Smith, Chiropractor. **inset:** Dr. Randy Lamberson

Walker Baptist works to create a sound mind and body with comprehensive psychiatric programs

strong minds

BY CARY ESTES



left to right: Dr. Syed Aftab, Dr. Terry Bentley and Dr. Michael Brasfield.

WILLIAM SHAKESPEARE WROTE, "Tis the mind that makes the body rich." Thomas Jefferson countered by saying, "If the body be feeble, the mind will not be strong."

The fact is, both are correct. Overall good health requires a strong body and a sound mind, which is precisely the type of comprehensive care offered through the psychiatric programs at Walker Baptist Medical Center.

Walker Baptist takes a three-pronged approach to psychiatric care: The Behavioral Medicine Unit (BMU) offers a wide range of in-house treatments for patients age 19 to 64. The Senior Care Unit provides help for older patients who might have physical issues in addition to mental ones; and the Geriatric Outpatient Program is dedicated to reducing the emotional pain and mental stress seniors deal with in their everyday lives.

"We have a very comprehensive psychiatric behavioral medicine program, which most facilities of our size do not have," Walker Baptist Administrator Bob Phillips said. "We have good partnerships between psychiatrists and medical specialists – it is a well-rounded way of taking care of those patients."

The impact of these psychiatric

programs is felt well beyond the borders of Walker County. Many of its psychiatric referrals come from nearby Northwest Alabama Mental Health Center

Dr. Syed Aftab, the psychiatric director of the BMU Unit, said the 24-bed facility works with patients who require acute treatment for such severe mental issues as schizophrenia, bipolar disorder and suicidal depression.

"This isn't long-term care. We help them become stable," Dr. Aftab said. "The length of stay is usually six to 10 days. But we continuously try to coordinate care with other mental health centers, so when patients are discharged, there are options for continuity of care."

The Senior Care Unit specializes in both the mental and physical issues facing elderly patients. Dr. Terry Bentley is the unit's psychiatrist who serves as the medical director and partners with internal medicine specialist Dr. Michael Brasfield.

"Mental health is vital for overall well being. At the Senior Care Unit we are able to treat elderly patients with severe

mental illnesses ranging from major depression to dementia of various types," Dr. Bentley said.

"Many times the physical issues are made worse by their mental challenges. The Senior Care Unit allows us to have a good comprehensive approach. It is important for our elderly patients to have access to both types of treatments," said Dr. Brasfield.

"It is very beneficial to have the assistance of Dr. Brasfield to help manage the overall physical health of these patients," said Dr. Bentley. "As a result, we are often able to admit patients to the Unit that other geriatric programs would not be able to manage."

Dr. Bentley also oversees Walker Baptist's Geriatric Outpatient Program. This program is designed to help people who have mental illness but are dealing emotionally with issues related to growing older, such as memory loss, the death of a spouse, diminished physical ability, loneliness and a growing lack of independence.

While these three programs at Walker Baptist have some distinct differences in the type of care provided, they share a common goal.

Shane Spees

discusses the state of the System

AT THE HELM OF BAPTIST HEALTH SYSTEM NOW FOR FOUR YEARS, President and CEO Shane Spees has already forged a new path for the System. With his forward-thinking approach and commitment to excellence, the System has seen positive growth leading to invigorated employees and an optimistic outlook for the future. Here, we catch up with him to get a glimpse into what's on the horizon at BHS.



The last time you spoke with *Stewardship*, a newly crafted vision statement had been implemented, which intended to put Baptist Health System on a path to operational excellence, strategic growth and an engaged staff of physicians, employees and partners. How do you feel BHS is doing living up to that vision?

Our vision statement talks about reaching superior levels of performance throughout the organization and expanding our faith-based approach to healing and caring to more people in need by engaging those who share in our vision. The expansion at Princeton is something that will help us get closer to the “superior levels of performance” outlined in our vision statement. It will also provide the latest technology and help us attract the best and brightest physicians and staff. Our faith is something that’s an inherent part of the culture of our health system. Our staff is aware of this and can use their individual faith to provide exceptional, compassionate patient care. Aligning ourselves with strategic partners who embrace this same belief of compassionate care is vital. We saw this play out after the tornados in Alabama. With strong convictions to do the right thing, many of our partners stepped up after the storm by donating to our BHS Disaster

Relief Fund. More than \$100,000 was raised, thanks to partners who share in our vision of reaching more people in need.

After the April 27th tornados you sent a system-wide email challenging employees to find ways to serve in the wake of the storms. Were you surprised by how quickly Baptist employees responded and moved ideas into action?

I have to say, how this organization responded was a defining moment in my tenure at Baptist. The culture of Baptist Health System has always been one of caring and compassion. We strive to employ people with can-do attitudes because we know what a positive impact attitude will have on patient care. When a situation like the tornado disaster arises, you hope staff will rise to the occasion, but our employees exceeded my expectations. They worked as a community using the skills they have to serve those in need. They found themselves in situations where their expertise as a nurse or a doctor could not heal the wound of a broken spirit, but they persevered. They worked tirelessly and solved problems creatively. Those who couldn’t give time gave money through our Employee Benevolent Fund. It was amazing to see our Mission in action at a level unlike any other.

Could you talk about efforts to develop a “culture of innovation” throughout Baptist Health System?

Of course, a lot of people hear this and think of technology innovations. Technology is key, and we are adding new technology in the form of robotics, computer systems and enhanced communications platforms, just to name a few. This is ongoing. On a broader scale, we want everyone who is part of our System to think differently; consider unconventional ways to improve our operations and work more cohesively and efficiently as a team. Empowering people to think this way is a powerful tool. A great example is how two nurses at Princeton Baptist developed a better way to triage patients the night of the April 27th tornados. Instead of using our current computer system – which was having a hard time keeping up with the volume of patients that night – they used a personal iPad to communicate quickly about room availability. What I find most compelling about this story is that the nurses felt empowered to make this change, especially under a very stressful set of circumstances. Their innovative thinking that night has us reassessing our

bed availability process. As our management team can attest, I frequently challenge them to be “onion-peelers” and “Curious Georges.”

Speaking of serving the community, what are some other ways Baptist Health System hospitals serve the community-at-large on a regular basis?

Frequently, the first thing that comes to mind for most people regarding how we impact the community is the charity care we provide. Charity care is a huge aspect of our serving the community—providing quality health care to those who cannot afford it. Each year we compile a community benefit report, which gives us an accounting of how much we invest in caring for the community. Last year, this was about \$30 million—which is a lot of money off of our bottom line, but a figure that also makes me proud. Aside from our charity care, we serve the community in some non-traditional ways through volunteer and outreach initiatives, community building programs, and research and education. As I’ve said before, an investment in the communities we serve is an investment in the future of Baptist Health System.

Tell us how philanthropy increases Baptist Health System’s strategic engagement through the Foundation. Where is the Foundation lending support?

Yes, the Baptist Health Foundation is a critical partner in helping the System grow through innovation. We talk a lot about “innovation capital,” essentially

wound care center to 24/7 availability. These important capital expenditures really validate the System’s need for the Foundation’s support. Of course, the most significant Foundation project currently is the capital campaign for the Princeton Baptist expansion. Without those funds, some components of that expansion, like the new chapel, would not be possible. We have an amazing Foundation with a

“Our System is better because of the Foundation’s work, but the true beneficiaries are the people of the communities we serve.”

meaning innovation requires funding. We are fortunate to have the Foundation and its philanthropic initiatives in place to provide us this innovation capital. This year, the Foundation funded our first patient-centered “medical home” primary care practice, our first nurse simulation lab, a 64-slice CT scanner at Walker Baptist and, most recently, the funding support needed to expand the operations of a

44-year rich history. Generations of leaders in Birmingham have served on our Foundation Board of Directors and helped build the Baptist Health Foundation into the remarkable organization it is today; providing \$2 - \$3 million in capital funding to our hospitals. Our System is better because of the Foundation’s work, but the true beneficiaries are the people of the communities we serve. †



the stories behind the storm

The BHS phrase “I’m here for you” has never been more obvious than during the April 27th storms.

From the shadows of the April 27th storms have come stories of compassion and courage, of determination and selfless giving. With so many affected so close to home, identifying a need and answering the call could have become overwhelming. But, not for the employees of Baptist Health System who quickly responded with first aid clinics in the affected areas of Pleasant Grove, Pratt City, Cordova and Concord. The Foundation’s Disaster Relief Fund has seen donations from across the country. And the Employee Benevolent Fund has witnessed an outpouring of support. During this time of most desperate need, BHS and the Baptist Health Foundation are proud they were able to “live the BHS Mission” while experiencing the generosity of—not only the people who work here—but also friends and supporters from all around.

BY JENNIFER JACKSON

“...we’re more that just a ‘vendor,’ we’re a partner. So when something of this magnitude happens, our first reaction was naturally ‘what can we do?’”
 —TIM GRISHAM, MEDEANALYTICS

Corporate Compassion

When Tim Grisham and Bruce Pulver of MedeAnalytics heard of the destruction their friends and partners at Baptist Health System were facing, they knew something had to be done. With his office and home in the Atlanta area close to the path of the April 27 storms, Bruce understood the fear, devastation and hopelessness.

“Because our business puts us in the hospitals, we want to help people—we try to keep our hearts in the right place and do the things ‘grandma told us to do.’ To us, doing the right thing means stepping up when you see a need,” said Bruce.

“While we provide an important service to BHS by analyzing financials and accounting practices to offer solu-

tions for greater financial efficiency, we’re more than just a ‘vendor,’ we’re a partner,” added Tim. “So when something of this magnitude happens, our first reaction was naturally ‘what can we do?’”

In this case, the MedeAnalytics human resources department put together a response quickly offering payroll deduction for their employees who wanted to help, plus a company match. The result was a check for \$3,445 to the BHS Disaster Relief Fund.

Following suit, another BHS partner, The Outsource Group, contributed \$5,000 to the Foundation’s Disaster Relief Fund.

A Friend in Need

An email from Tim Chambers, Walker Baptist ICU nurse to his co-workers:

“On April 27, my home was one of many in Walker County that was destroyed by the tornados that ravaged our area. My wife and sons were in our basement and only by the grace of God escaped injury—or worse. As bad as it was with all we had lost, we never lost sight of the fact that, unlike many families, we were fortunate not to be planning a funeral. I just want to tell all of you, my Walker Baptist family, how much the love and support you all gave us in the days after the storm meant. Words cannot express what your kindness meant. We would not have survived if it had not been for all the support we received from all of you.”

To understand Tim Chamber’s profound, heartfelt appreciation for his Baptist family, it’s important to first understand the harrowing experience. It’s still difficult for Tim to discuss the details of that day. He’ll never forget the sound of his wife’s voice when she called immediately after the storm to report, “it’s all gone.” However, amazingly, from Tim’s loss comes gratitude. First and foremost he is thankful that his family survived. A close

second, he is thankful for his Walker Baptist “family” that carried him through those emotional days after the storm’s wrath. He has been overwhelmed by the generosity of this “family,” his church family
 (continued on page 12)

“I just want to tell all of you, my Walker Baptist family, how much the love and support you all gave us in the days after the storm meant...We would not have survived if it had not been for all the support we received from all of you.”
 —TIM CHAMBERS,
 WALKER BAPTIST ICU NURSE



Scan the QR code or visit Baptist Health System on YouTube to see a disaster relief video by BHS.



clockwise from above: Janice Ridling, BHS VP-central business office, with Tim Grisham and Bruce Pulver of MedeAnalytics; praise amid destruction; helping hands cared for those in need; the Foundation and hospitals found supplies for clinics; more than 1,200 people received free tetanus shots; a sign of hope and love.



WHEN BAPTIST HEALTH SYSTEM supply chain employee Connie Lee, her mother and seven-year-old son Brandon Callahan went to volunteer in the Pleasant Grove area, they saw total devastation of homes and businesses. So many families lost everything – their homes, their clothes, their toys.

Young Brandon watched as an army of volunteers gave of their time and energy to help the storm victims sift through belongings and literally pick up the pieces. He wanted to help, but it was too dangerous for him to pick up rubble and he was too small to unload cases of supplies. He saw families with children that had nothing left and wondered what he could do.

After a day amid the devastation, Brandon, a Tiger Cub Scout with Palmedale Pack 14, had an idea. He gathered 25 of his best stuffed animals and had his mom take him back to where families were gathering. He proudly went up to the person in charge and said, “I figured out what I could do for all those who lost everything. Here are my best treasures for the children who have lost their sleepy buddies.” There was hardly a dry eye around as tears of gratitude followed.

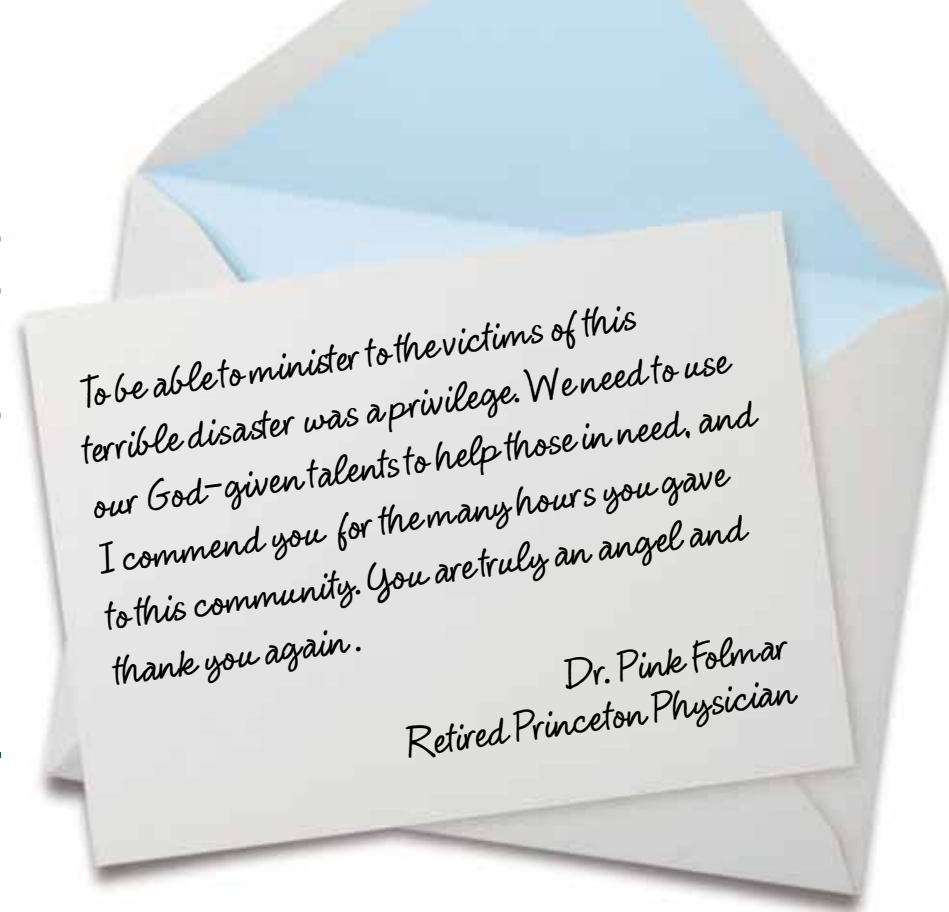
The events of April 27th have changed all of us, forever. The attitudes of those affected and the work of those who responded has been humbling, gratifying and powerful. The Baptist Health Foundation and Baptist Health System are proud to have played a part in the recovery

and will continue to serve those in need as a witness to the love of God.



Brandon Callahan

giving by example



(continued from page 10)

and the kindness of complete strangers. Tim has been reminded how fortunate he is to have people in his life that genuinely care.

“People just started showing up; it was truly overwhelming. Help came from a lot of different and unexpected places. Then Pat Morrow (Walker Baptist human resources director) called and said she had money from the Employee Benevolent Fund and Wal-Mart gift cards to help us. Then there were supplies and toiletries and many kind words and helping hands. Those first few days, if it hadn’t been for this love and support from my work family I don’t know how we would have made it.”

And as Tim begins to rebuild and face the future, his focus has shifted to those who were affected but had no support network. “I’ll never look at someone in need the same way again. Never! I pray for the people who were not as fortunate as I was to have so much support.”

Inspired Minds

An immediate response to the storms was First Aid clinics established by BHS, its hospitals, Baptist Health Centers and the Foundation working together. These clinics were staffed by many Baptist employees – volunteering tirelessly of their time while leading with a servant’s heart. As word

of the BHS clinics spread, generosity also came from nurses, doctors and support personnel from other area hospitals as well as health care industry partners. The collective work of these individuals brought to life the concept of “what you put in, you get back tenfold.” Here is a sampling of the gratitude from a few of those who just appreciated being able to be involved.

“To be able to minister to the victims of this terrible disaster was a privilege. We need to use our God-given talents to help those in need, and I commend you (Tracy Hill, BHC human resources director) for the many hours you gave to this community. You are truly an angel and thank you again”

Dr. Pink Folmar

“I have another shipment of medical supplies I’ll be dropping by. I would like to thank you for helping my community during this horrible time. All these years the tornados have hit around us but have never come through Pleasant Grove before, at least not since I moved here when I was nine years old. I really never thought it would happen to us. It has brought out the best in most people and has really brought our community together.”

Amanda Long, RN, Administrator Hospice Complete

Heart Association Recognition for Princeton & Walker Baptist

Honors for Princeton and Walker Baptist Medical Centers from the American Heart Association were announced in the “Best Hospital” issue of *U.S. News and World Report* recently.

The hospitals were recognized by the American Heart Association’s “Get with the Guidelines” Heart Failure Awards Program for their excellence in caring for patients who suffered heart failure. Princeton Baptist was recognized with a Gold Performance Award for 2010, and Walker Baptist received a Silver Performance Award for 2010.

BHS named one of the Best Companies to Work for in Alabama

IT IS THE JOB ITSELF, the call to help those who are in need, that makes Baptist Health System one of the best places to work in Alabama, according to BHS president and chief executive officer Shane Spees.

“We’re serving people, many of whom are vulnerable in their health as well as emotionally,” Spees said. “Our people understand the service they deliver has a direct impact on the outcome of those patients’ lives. So this is more than just a job for our employees.”

That attitude helped Baptist Health System be named one of this year’s Best Companies to Work for in Alabama, as chosen by *Business Alabama* magazine and the Best Companies Group. BHS was named one of the five best companies in the large company category.

There are more than 4,300 employees within Baptist Health System, which makes it difficult to have the personal one-on-one time within the company that many smaller businesses enjoy. But thanks to modern technology, Spees said BHS is able to maintain better employee contact than one might expect.

“We have invested time and re-

sources into a process that gives us an easy means of recognizing great performance throughout the organization,” Spees said. “This virtual ‘because I care’ system allows anyone to send an electronic thank you note to another employee and receive feedback from that employee. We also use technology to email a bi-weekly newsletter to all employees, post announcements and news on our intranet, plus we do a quarterly video report offered through a web cast.”

BHS employees have an active voice in how the company operates through work groups formed to deal with specific issues in their area of the System. These groups are empowered to study the situation and come up with innovative solutions.

“This allows employees to take ownership and really deal with issues that can affect them or our patients on a daily basis,” Spees said. “It becomes a bottom-up type solution, which has been great for employee morale and has produced some excellent solutions for us.”

It’s just one of the many things that make Baptist Health System one of the best companies to work for in Alabama.

WALKER & PRINCETON RANKED IN U.S. NEWS “BEST HOSPITALS” LIST

Princeton and Walker Baptist Medical Centers have been ranked among the top hospitals in the Birmingham metro area in *U.S. News Media & World Report’s* 2011-12 “Best Hospitals”



rankings. This marks the second consecutive year for Walker Baptist to receive the honor.

To be ranked in its metro area, a hospital had to score in the top 25 percent among its peers in at least one of 16 medical specialties. Walker Baptist is ranked as a high performer in neurology/neurosurgery and pulmonary, and Princeton Baptist is ranked as a high performer in the area of neurology/neurosurgery.

Princeton and Walker are among 720 hospitals (out of about 5,000 hospitals nationwide) showcased in this year’s ranking. Each hospital is ranked among the country’s top hospitals in at least one medical specialty and/or ranked among the best hospitals in its metro area.

Hard numbers stand behind the rankings in most specialties—death rates, patient safety, procedure volume and other objective data. “These are referral centers where other hospitals send their sickest patients,” said Avery Comarow, *U.S. News* health rankings editor. “Hospitals like these are ones you or those close to you should consider when the stakes are high. These are hospitals we call ‘high performers.’ They are fully capable of giving most patients first-rate care, even if they have serious conditions or need demanding procedures.”



left to right from opposite page: Receiving awards from BHS President/CEO Shane Spees are Nicole Jackson; Juanita Williams, Pat Spiller and Wanda Phillips; Mary Mueller; Mike Johnson; and Shari Brazelton.

President's ICARE Award Winners

Celebrating the BHS Mission Values: Integrity, Compassion, Advocacy, Resourcefulness and Excellence

EACH YEAR, THE BHS PRESIDENT'S ICARE AWARDS recognize employees who make significant contributions to our System and make a difference in the lives of others. They serve as role models whose actions and behaviors consistently go above and beyond everyday expectations in their professional and personal lives. The winners and finalists of this year's President's ICARE Awards were honored at the July 20 BHS Mid-year Management Meeting. We celebrate the contributions these dedicated employees bring to BHS.

INTEGRITY

NICOLE JACKSON, RN,
observation unit, Shelby Baptist

Nicole Jackson has worked with BHS for 2½ years, but is already recognized by her peers as one who "inspires trust and honesty among co-workers, patients and patient families...and can always be counted on to do the right thing." For example: Nicole cared for a hospice patient and family members over the course of two weeks. Every day she spent time with the family, even cried with them and the patient. Going above and beyond what is part of her job, she bonded with the family and, as one of them said, "she became like one of our own." And, through her efforts, the family gained a fresh, positive perspective of the care at Shelby Baptist. A week after the patient died, the family brought a card to Nicole, but she did not open it until they left. In the card was a cash gift, which Nicole immediately

took to her manager to be turned over to the compliance department – just one small demonstration of Nicole's sense of integrity.

COMPASSION

SHARI BRAZELTON, RN,
cardiac & pulmonary rehab,
Princeton Baptist

It was actually a patient that nominated Shari Brazelton, a BHS nurse for 20 years, for the Compassion Award. The patient wrote: "Shari is a wonderful nurse who holds a special place in my heart." At only 51, this patient had a heart attack and consequently five by-passes. Although he was reluctant to participate in the rehab program, the patient said Shari was patient, kind, genuinely concerned and a strong advocate regarding how the program could speed up his recovery process. Shari never gave up and never allowed the patient to give up on himself. Co-workers

say this is typical of Shari. She exhibits genuine caring and compassion – meeting not only the physical needs of her patients but the mental and spiritual needs as well. Shari also works tirelessly in her neighborhood preparing meals for neighbors and attending to the needs of those in her community. She truly possesses a servant's heart. Shari's level of compassion cannot be taught or measured and is an excellent example of what Christ wants of us -- compassion, faith and kindness.

ADVOCACY

WANDA PHILLIPS, RN,
employee health, Walker Baptist
PAT SPILLER,
nurse practitioner, Walker Baptist
JUANITA WILLIAMS,
physician liaison, Princeton Baptist

While countless people at BHS exhibited the qualities of the Advocacy mission

value during this past April's storms, three Baptist Health System employees stood out for their extraordinary actions.

The day after the April 27th storms, Juanita Williams knew she needed to do something...but was not sure what. After a sleepless night, she had mapped out a game plan and was ready to execute it. Her plan – open vacant BHC clinics in Pleasant Grove, Concord and beyond to help storm survivors. She enlisted help from the Foundation, other Baptist employees, physicians, nurses and other clinicians; rallied medical supplies and other personal items; and went to work. Within a few short hours, she and others had coordinated supplies, physicians, nurses and other hospital staff and had the clinic in operation—providing tetanus shots and help with cuts, breathing problems and more. They handed out water and other basic supplies—even going door-to-door. With local firemen, Juanita rode house-to-house (or where houses had once been) to meet the communities' needs wherever she could and spread the news of the clinics.

Not too far away, Walker Baptist nurses Pat Spiller and Wanda Phillips saw the same need for first aid in the Cordova area and opened a first aid center in downtown Cordova. There, they treated patients and first responders for injuries received, both from the tornado events and during relief efforts. Wanda and Pat worked together to make sure those coming to the first aid center received treatment and checked on more than 200 elderly residents that

could not get to the center. They went door-to-door checking on the elderly and acting as a "visiting nurse." They followed up with physicians on behalf of patients who were out of medications, and drew and transported blood work to physicians' offices as needed. But treating patients was not the only vital service Pat and Wanda performed for survivors. They collected loads of laundry from Cordova residents, transported it to the hospital where it was washed, dried, and delivered back to the residents. For four weeks they worked tirelessly to assist the Cordova community.

Juanita, Wanda and Pat demonstrated unparalleled advocacy for others in the truest sense even in the midst of devastation. Most of all, they demonstrated the love of Christ as they met the needs of others.

RESOURCEFULNESS

MIKE JOHNSON,
purchasing, Citizens Baptist

Since March 2011, Mike Johnson has identified and implemented more than 20 individual cost-savings opportunities that either reduced cost or were increased cost-avoidance strategies. And, materials management at Citizens has not had a single inventory count error since inventory audits were started in 2006 -- thanks to Mike's dedication and the way he inspires others. One example of his resourcefulness was his one-man mission to restore the fountain in front of the ER entrance. Once a place of tranquility and

peace for anxious families, the fountain had fallen into ill repair. Unless it was repaired, it would be removed, so Mike went into action. He got a chemical vendor to donate chemicals for the restoration; he researched ways to safely remove the paint and bring the fountain back to its original glory; and then he went to work. His enthusiasm inspired others to help and soon, the job was done. Today, the fountain is crystal clear, thanks to Mike's resourcefulness and his continued dedication in cleaning the fountain daily before work. His manager says, "Mike sees a need and finds a way to make a difference. He's what "keeping the promise" is all about, not just to our patients, but also to each other and the community."

EXCELLENCE

MARY MUELLER,
outcomes manager in quality,
Corporate Offices

Co-workers say, "In everything Mary does, she exceeds expectations. She is the 'go to' person when questions arise concerning best practices and what is needed to provide the best care for our patients." As the resource for maintaining quality standards, Mary is the liaison between various councils and the BHS Patient Care Service Council. She helps each group reach their goals and always keep pushing for even higher goals. Her leadership shows in many projects she has guided—from developing a standard orientation that saves time for nurses who transfer among BHS facilities to coordinating a system-wide Policy and Procedure plan— and much more. But, even though Mary's plate is full, she never leaves without saying "Is there anything I can help you with?" Coworkers agree, "she's the best!"

These are but a few of the thousands of BHS employees who dedicate their time and talents each day to help others. If you would like to applaud their commitment, we invite you to honor a BHS employee—perhaps even one of these ICARE winners—with a gift to the Foundation. Help them help others. Call 1-877-474-4243 or visit www.BaptistHealthFoundation.com. †



“STEALTH” OR IMAGE-GUIDED

SURGERY now helps physicians precisely navigate complex structures of the brain. Robotically-assisted surgical systems help physicians repair delicate arteries of the heart. The familiar black, oversized x-ray film against a glowing light box has been replaced by a digital image on a computer monitor. Even that basic component of medicine—the medical record—is being reconfigured for the digital age.

Baptist Health System is preparing to implement the latest generation of the electronic medical record—or “EMR” at its four hospitals. Components of the Epic electronic medical record system will “go live” in early 2012 at at Princeton and Citizens Baptist Medical Centers, the first sites for the staged implementation. The

pharmacy and emergency departments are scheduled to “go live” first; clinical documentation with nursing, physician orders and other components will soon follow.

“The Epic electronic medical record is a new generation—using a solution with a single patient database,” said Rich Shirey, BHS chief information officer. “It’s a new solution that changes the level of access and integration for nurses, physicians, pharmacy, radiology, respiratory and other ancillary departments. It allows for better coordination of the care delivery system.”

BHS planners of the new implementation are enthusiastic about the Epic system.

“It should be most reassuring to our patients to learn of Baptist Health System’s

commitment and investment to introduce the leading electronic health record in the country to our facilities,” said Dr. Elizabeth D. Ennis, chief medical officer and vice president, medical education and research for BHS. “Its introduction demonstrates that we continue to incorporate the best clinical practices at our facilities.

“Epic is a national leader and well regarded; in fact, it’s a KLAS leader.”

KLAS is a research firm specializing in monitoring and reporting the performance of health care vendors. Their reports are made available to health care providers, such as BHS.

Known for being fast and physician-friendly, Epic technology creates software that manages patient medical records, scheduling, medical billing, registration, as

right: Rich Shirey (left) and Dr. David Cleveland discuss the advantages the Epic system will bring to BHS and its patients;
below: Dr. Elizabeth Ennis and Dr. Rich Embrey access a patient record online.

well as other clinical and business needs. With Epic’s “one patient, one chart” approach, the benefits to the health care team—including the patient—are numerous. Dr. Ennis cited an example of the patient admitted through the emergency department. Even as the patient arrives on the inpatient unit, using Epic the EMR reflects any medications given, lab results, clinical pathways established in the emergency and the emergency physician’s interpretations and recommendations. The benefits—particularly in the area of patient safety—with this “real time” information were cited by other members of the implementation team. “It’s a full-service, across the board, integrated



information system,” said Princeton’s Chief Medical Officer Rich Embrey. “The EMR gives the opportunity to watch over patient care in ‘real time.’ Warnings and flags alert to possible medication interactions. Patient vital signs are posted and available immediately to the physician, even if on another unit. We’re able to track more precisely the care that is provided. Medication and patient safety are greatly enhanced.”

Epic describes the “real time” environment as one that spans all hospital departments, giving health care providers the tools they need to deliver safe, high-quality care. It supports the BHS core values by protecting patient safety and encouraging compliance with organizational best practices, explained Dr. Ennis.

Shelby’s Chief Medical Officer Dr. David Cleveland agreed. “It’s a much more integrated system,” he said. “Epic makes it very easy to see what’s been done for a patient, whether he was treated at Walker Baptist or Shelby. Wherever he is, we can see the entire patient history. We’ll have a legible record of all who have seen the patient, the (diagnostic) images and what recommendations were made—along with a history of medication records—all at our fingertips.”

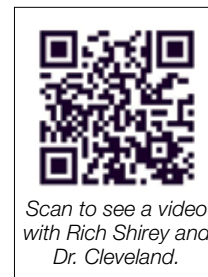
As new health care

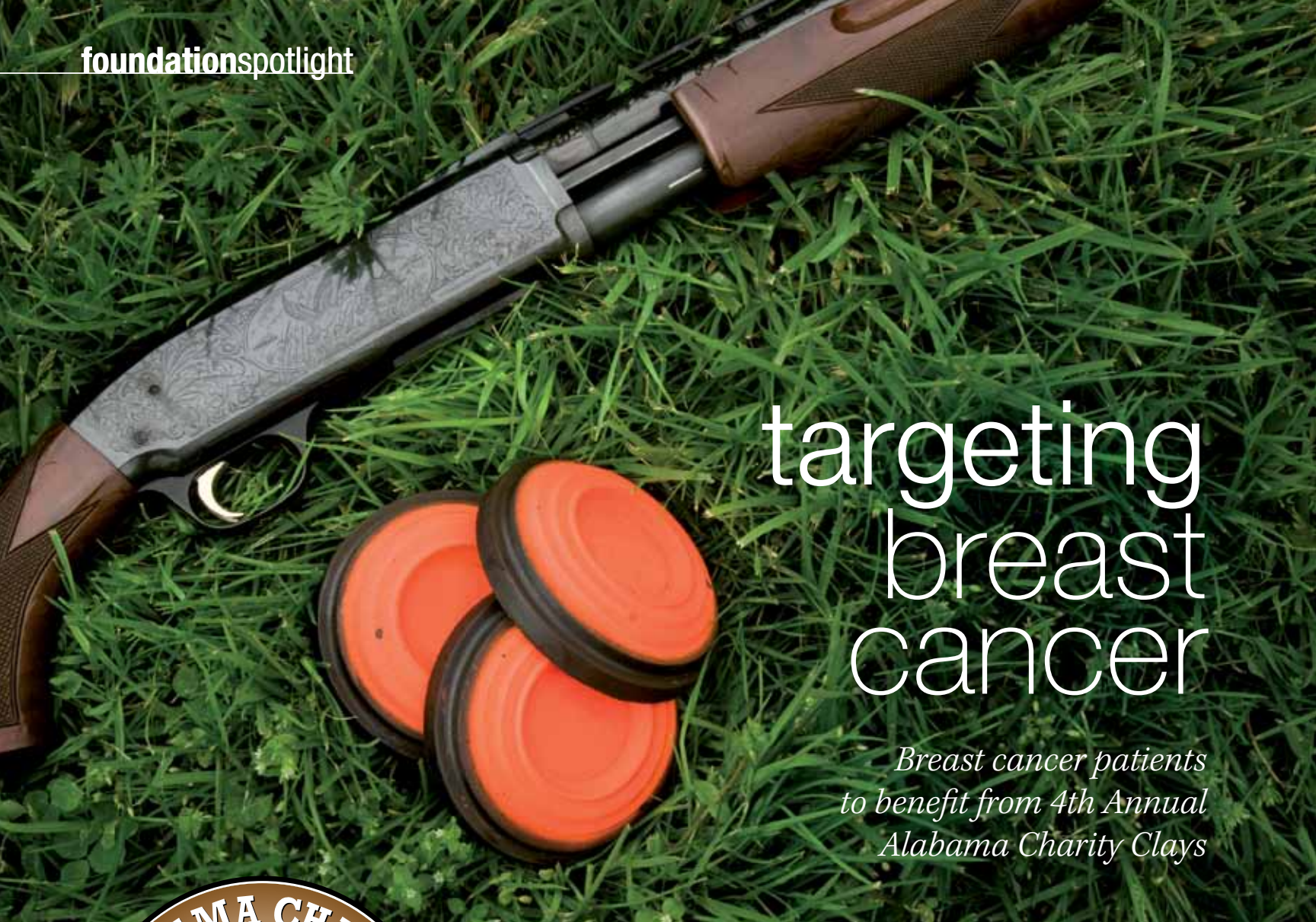
regulations steer hospitals and physicians toward increased use of electronic information storage, an enhanced “one patient, one chart” system yields other benefits. “In addition to these advantages for patient care, features of an integrated system like Epic can also benefit the business side of health care,” Shirey explained, “bringing greater fiduciary responsibility, more efficiency and better stewardship. It’s a cycle—when we’re more efficient, this produces more accuracy; when we’re more accurate, we’re more efficient.”

Protection of confidential health care information is not new to the health care industry – whether on paper or online. “We take seriously our shared responsibility to secure the data—either as paper copies or maintained electronically,” Shirey said. “We must strike a balance in providing a vital patient service and proper security measures.”

Dr. Cleveland also expressed confidence in the choice of Epic and its encrypted medical data format. “Epic is one of the largest companies doing electronic medical records; one of the most secure—and it’s absolutely more secure than paper.”

Electronic medical records are bringing a new dimension to the practice of medicine. At Baptist Health System, our traditional ministry of healing in an environment of high tech and high touch continues to move forward—now a





targeting breast cancer

Breast cancer patients to benefit from 4th Annual Alabama Charity Clays



In October, Baptist Health Foundation will host its 4th Annual Alabama Charity Clays. But this year—in addition to the fun of the Annie Oakley shoot, the Sportsmen's Social and the Alabama Charity Clays—a new, exciting event will be offered. This year, participants will have a chance to *shoot at GNATS*. GNATS is a unique radio controlled, high speed drone that has taken shotgun shooting events by storm in the UK. (see box on page 19)

Three years of doing good for others

Over the past three years, the Foundation's Alabama Charity Clays events have raised more than \$250,000 to enhance services at Baptist Health System's hospitals:

- In 2008, proceeds purchased beds and monitors for the **Neonatal Intensive Care Unit** at **Shelby Baptist Medical Center**.

- In 2009, event proceeds made possible an upgrade to **Princeton's GE 1.5 Tesla MRI**, which is especially helpful in the early detection of breast cancer.

- In 2010, BHS purchased a **Faxitron** for the **Breast Care Center at Princeton**. This mobile digital radiography system provides on-the-spot images for surgeons removing tumors in breast cancer patients. Faxitron technology allows

physicians to ensure the entire tumor has been removed and decreases the amount of time a patient must be under anesthesia.

A gift for breast cancer patients

This year, our goal is again to support **Breast Care at Princeton Baptist** by replacing the hospital's **stereotactic equipment**. This includes a breast biopsy table, which is a fully digital table biopsy system designed with maximum patient comfort and lesion access in mind. This technology literally helps surround the "enemy" and sample the tissue as efficiently as possible while keeping the patient in a more comfortable position throughout the procedure.

Your support of the 2011 Alabama Charity Clays can help us save lives—and quality of life—for hundreds of breast cancer patients.

schedule of events

2011 Alabama Charity Clays

Thursday, October 27 - Friday, October 28, 2011

Our host again this year for the Alabama Charity Clays is Selwood Farm located in Alpine, Alabama. Selwood Farm is home to Alabama's first sporting clays course. This fully automated course is both challenging and fun and meets the needs of all levels of shooters. It is located on Highway 76 between Childersburg and Winterboro in Talladega County.

Annie Oakley Event

Thursday, October 27

Selwood Farm, Alpine, Alabama

8:30 a.m.	Breakfast and registration
9:15 a.m.	Safety instructions and instructor assignments
9:30 – 11:30 a.m.	Course shooting
11:30 a.m.	Lunch and door prizes

Sportsman's Social

Thursday, October 27

6:00 p.m.

Park Lane in English Village
Birmingham, Alabama

SCOTT LEYSETH—*The Sporting Chef*—will return this year with more exciting cooking sensations. Scott is a leading authority on the proper preparation of fish and game. He is also the author of game recipe books and makes appearances on outdoor television and radio programs nationwide.

DURING THE EVENING, Beretta and Seibels Outdoor will team up to create a fabulous lodge room. *The Lodge* will feature a display of the finest names in rustic home furnishings and accessories, along with a display of the perfect rack of Beretta guns and clothing.

THE LAST MAN STANDING is your opportunity to own a specially selected Beretta shotgun, Beretta clothing, jewelry or one of many other fabulous items donated to the event.

2011 Alabama Charity Clays

Friday, October 28

Selwood Farm, Alpine, Alabama

MORNING SHOOT

7:30 a.m.	Registration begins & breakfast is served
8:30 – 11:30 a.m.	Course shooting
11:30 a.m.	Lunch is served

AFTERNOON SHOOT

10:00 a.m.	Registration begins
11:30 a.m.	Lunch is served
12:30 p.m.	Afternoon course shooting begins

The 2011 Alabama Charity Clays Introduces gnat shooting

WHAT IS GNAT? Basically, a GNAT is an airplane just like the ones the "big-boys" in the military use for target practice, but much smaller and specifically designed to be shot with shotguns.

The GNAT has been hugely popular in the UK for many years and has been featured in a variety of events—from high profile celebrity shoots to private parties at country estates.

The Gnat Shooting System is unique. Shotgun events involve downing conventional targets such as clay pigeons. But the GNAT system is a high speed, maneuverable, radio-controlled drone that takes the sport to the next level.

The GNAT aircraft flies at speeds of up to 80 mph, with extremely rapid directional changes and fighter-like agility. Controlled by very experienced "pilots," this shooter's prey is probably one of the hardest targets you will ever encounter. When a shooter hits the aircraft, he is rewarded with a pyrotechnic explosion from one of the 10 "flash pods" attached to the aircraft's wing.

This year, the Baptist Health Foundation's Alabama Charity Clays will provide an opportunity for you to experience GNAT SHOOTING for the first time in Alabama. All teams on October 28 will be able to sign up for the GNAT Shooting Experience at no additional charge.

it's not too late to Help!

There's still time to add your support as a sponsor or through a donation! If you wish, your sponsorship or gift may be made in honor or in memory of someone special to you.

____ I (we) would like to commit to the following sponsorship for the 2011 Alabama Charity Clays:

- _____ \$25,000 Tournament Sponsor
- _____ \$10,000 Event Sponsor
- _____ \$ 3,000 Team Sponsor
- _____ \$ 2,500 Annie Oakley Team Sponsor
- _____ \$ 150 Annie Oakley Individual Sponsor
- _____ \$ 1,000 Annie Oakley Breakfast Sponsor
- _____ \$ 2,000 Annie Oakley Lunch Sponsor
- _____ \$10,000 Sportsman' Social Sponsor
- _____ \$ 1,000 Charity Clays Breakfast Sponsor
- _____ \$ 5,000 Charity Clays Lunch Sponsor



(For sponsorship details, call 205-715-5341 or email Marcia.Twitty@bhsala.com.)

____ I will not be able to participate in the 2011 Alabama Charity Clays event, but please accept my gift of \$ _____.

Donor/Sponsor Information:

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This gift is given
 in Memory of _____ or
 in Honor of _____.

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Please make checks payable to:

BAPTIST HEALTH FOUNDATION

P.O. Box 830605
 Birmingham, AL 35283-0605

You can also make a donation on our web site at BaptistHealthFoundation.com.

Thanks to Our Committee

2011 Alabama Charity Clays Committee

Our sincere appreciation goes to these dedicated men and women who gave unselfishly of their time and expertise to make sure this year's event is another outstanding success.

Chairmen: Gene Davenport, Chairman; Gail Braswell, Co-Chair Annie Oakley; Carol Drummond, Co-Chair Annie Oakley

Committee Members: Amy Belcher, Kelly Bownes, Donna Cooper, Will Davenport, Jim Emack, Renee Fenn, Colleen Lankes, Keith Parrott, Kristy Parrott, Betsy Postlethwait, Barry Saunders, Teresa Shufflebarger, Susan Stabler, Dr. Tommy Tomlinson, Gary Wilkinson, Shad Wilks, Chase Wise

Our Thanks to our Sponsors

Without your continued support, this event would not be possible. Thank you for your contribution to benefit the patients of Baptist Health System's hospitals.

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Scan this QR code or visit Baptist Health Foundation on YouTube for more about the Alabama Charity Clays.

play like a champion

Golfers playing to benefit patients

PROCEEDS FROM THIS YEAR'S PRINCETON HEART INSTITUTE GOLF TOURNAMENT are earmarked to help purchase new technology for a Multi-Specialty Imaging Room, currently under construction at Princeton Baptist Medical Center.

Over the past 20 years, the number and types of surgeries performed on an outpatient basis have greatly increased. Today, leading hospitals across the country find they must reconfigure some traditional operating rooms to more easily adapt to new types of surgical procedures and accommodate, not only current, but future surgical technologies.

The Multi-Specialty Imaging Room is one such modern configuration. This new room at Princeton will offer versatility that will save critical time and flexibility by providing technology needed to do various types of procedures in the same room.

Whether a heart patient needs open, minimally invasive, image-guided or catheter-based procedures – or more than one procedure – this multifunctional room will have the technology available to maximize patient care.

Your participation in this year's PHI Golf Tournament can help make this cutting-edge technology a reality for patients at Princeton Baptist. Please join us. To sign up or for more information, call 205-715-5341 or email Marcia.Twitty@bhsala.com. (Visit Baptist Health Foundation on Facebook to see photos from last year's tournament.)

9th Annual Princeton Heart Institute Golf Tournament

Monday, October 10, 2011

Shoal Creek Golf Club

7:30 a.m.-8:30 a.m.

Registration, light breakfast, putting contest, practice balls available on practice tee

9:30 a.m. Shotgun Start

- Soft spikes required
- Snacks provided at the turn
- Buffet & awards after completion of play
- Tournament pays caddies for their service

Format

- Teams will be comprised of four participants.
- Each participant will play their own individual ball.
- The score will be calculated on the two lowest net scores per hole per foursome.
- The maximum individual handicap allowed will be 26.

Special Events

- Closest to the Pin on holes 5 and 13
- Putting contest during warm-up time
- Tournament Prizes will be awarded for low gross and low net teams



Sponsorship & Entry Fees

- Team Sponsor: \$3,000 (includes one four-man team)
- Hole Sponsor: \$1,000 (includes tee box sign and one player spot)
- Individual Player: \$750
- Tournament fees include breakfast, course snacks, awards banquet following play and a player gift packet.

Committee

Our sincere thanks to the members of this year's Tournament Committee: Dr. Tom Cawthon, Dr. Martin Bailey, Dr. Sam McCord, Tom Twitty, Cecil Ingram, Sarah Dudley, Colleen Lankes, Lathrop Smith and Mark Belcher.

continued from p.3

The two women first met in 1978 when Regina joined Princeton Baptist as the unit manager of the medical intensive care unit. "She quickly proved her expertise... not only excellence in the workplace, but also in compassionate care. And, she shows that same passion in caring for her staff. It was clear to us in a matter of weeks that we were important to her, and she mentored us to do our best. We were

blessed to have her—then and now."

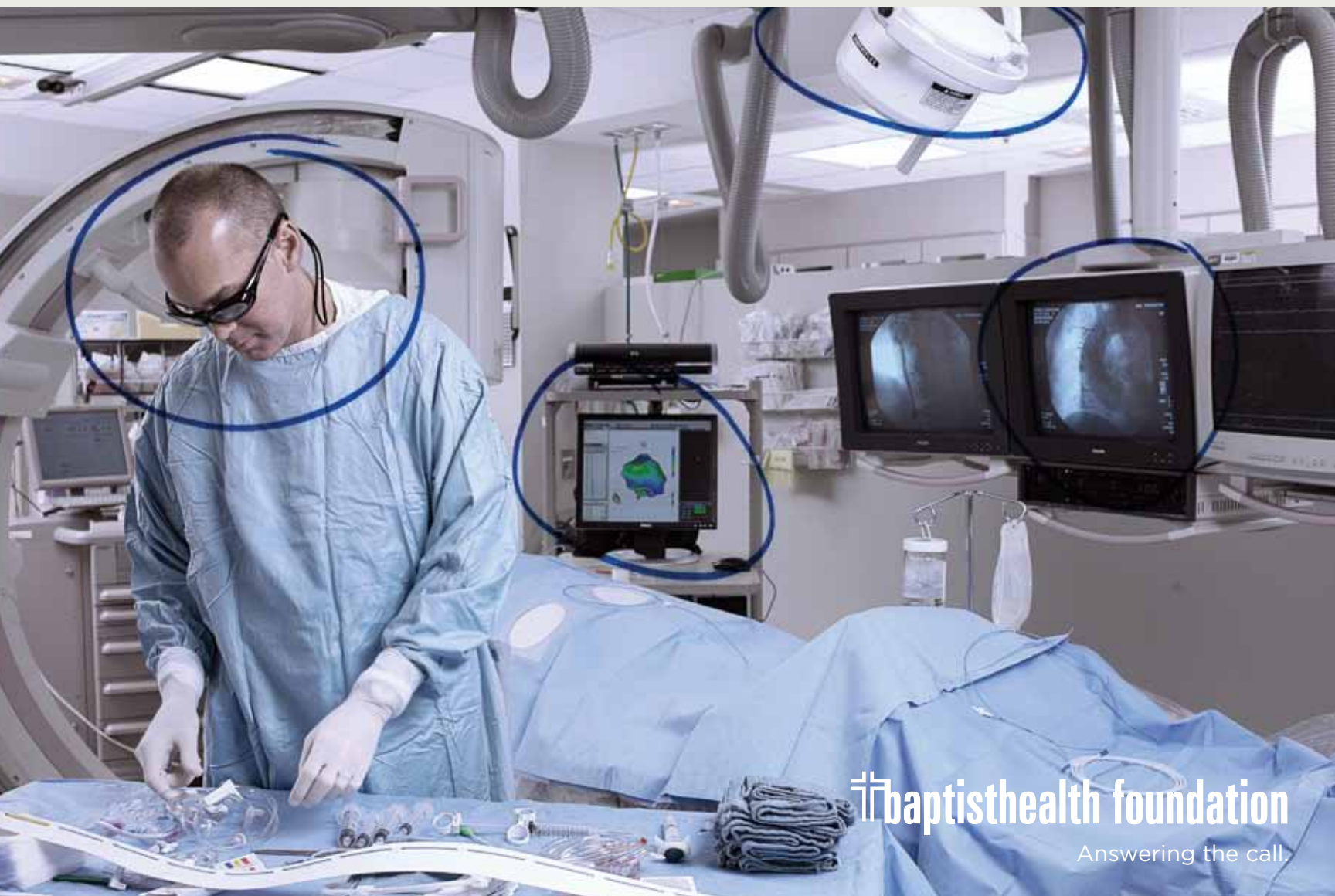
Regina's commitment to nursing is recognized not only by those she works alongside each day, but others as well. She's been honored with Capstone School of Nursing's Janet W. Autry Distinguished Nurse Leader Award and, more recently, by Samford University.

"Regina was recognized by the Ida V. Moffett School of Nursing as a 2010 Courage to Care Award recipient for her commitment to excellence in the workplace," said Nena Sanders, dean of

nursing at Samford University. "During her nearly four decades of nursing practice at Princeton, she has consistently created a caring environment where "the patient comes first, the institution second and self last."

Truly, she has made a significant impact on the lives of the patients she has served—at the bedside and through the hundreds of nurses she has lead; on the profession of nursing; and most definitely on the health care ministry of Princeton Baptist Medical Center.

 What your donation funds:



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